

St Martin-by-Looe



News



Photo courtesy of Patrick Saunders. Culpa mea

Summer 2024

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Delivered FREE throughout the Parish and online.



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www.stmartinbylooe.org.uk

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If you would like to include an advertisement in the next edition please contact The Clerk, Charles Hyde on 07763 364809 or by email clerk@stmartinbylooe.org.uk Costs: £20 for a full page, £10 for a ½ page, £5 for 1/3 page: Contract discounts are available. The magazine is printed quarterly and has a circulation of 350 printed copies delivered throughout the Parish and is also available online on our website and Facebook page.

Contributions

We always welcome contributions from people living in the Parish. If you would like to air your views on a particular subject or have a photograph or piece of artwork for the front cover please get in touch with The Clerk.

Statutory Disclaimer

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Parish Council Update



Welcome to the Summer Edition

As I write, it's cold wet and windy and I cannot see a thing through the low cloud, so please can we have some sunshine!

In this bumper 28 page edition there are some fascinating and interesting articles covering a wide range of topics, the usual history and nature pieces never fail, thanks to Jenny and Dave for their dedication and hard work. There is a tasty recipe, what's on in the No Man's Land and St Martin's Church Halls, and inspiration to take up a new hobby. Please support the advertisers, they help us to provide this quarterly publication.

The next edition is due in the Autumn and the deadline for submission of articles, news stories etc is August 5th.

The magazine is also available online, via our website & Facebook page.

Enjoy, and lets hope for a wonderful warm and dry summer.



Group Travel

Day Trips & Coach Holidays

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Coach Excursions & Tours 2024

25th June	Bicton Park Botanical Gardens
10th July	Jurassic Coast World Heritage Site Cruise
30th July	Meaders Lavender Farm & Cream Tea
17th - 21st July	Visit Eastbourne
13th Aug	Pecorama & picturesque Beer Village
6th - 8th Sept	Burghley Horse Trials
10th Sept	Widcombe Fair
16th - 20th Sept	Cardmarthen & South Wales
9th October	Goosey Fair, Tavistock
2nd November	Bridgwater Carnival
16th November	Longleat Festival of Light
22nd - 25th Nov	Turkey & Tinsel - Bournemouth

Visit our website for all our excursions & tours.

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Parish Council Update



Planning Applications

Only one was received during this period.

PA24/01461. **Proposal:** Proposed creation of 6 additional touring pitches, retention of the permeable surfacing in respect of 6 existing touring pitches, use of 5 existing touring pitches approved under PA16/05973 for year-round holiday use, and extension to toilet/shower block. **Location:** The Oaks Holiday Park Bucklawren Road, No Mans Land, Looe.

The Annual Parish Council Meeting — May 9th

The election of officers took place to serve until May 2025. Robert Henly was once again voted to remain as Chairman and Roberta Powley was voted to remain as Vice Chairman. Councillor Keeble was voted to remain in charge of Data Protection monitoring, Councillor Lawes represents the Parish Council for Rights of Way, Councillor Reynolds will represent the Parish Council on transport issues and will also stand as the Parish Council representative on the No Man’s Land Hall committee. Vice Chairman Powley will continue to represent the Parish Council on the St Martin’s School Trust. The Clerk will be responsible for liaising with Cornwall Association of Local Councils.



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Parish Council Update



Donations

A request for a donation from Trenode Primary School to help fund a forest school specialist to provide interventions for the children was received. It was agreed to donate £50 towards this project.

No Man's Land Speed reduction

It is anticipated this work should start between July and September this year.

Parish Council Monthly Meetings

They take place at the Memorial Hall, No Man's Land at 7.30pm on the first Thursday of each month, but this may vary, so please check our noticeboards, social media or website for dates. Requests to speak during Public Participation need to be made to the Clerk, 48 hours in advance by email: clerk@stmartinbylooepe.org.uk.

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No Man's Land Hall

The Interests & Activities Day held on Sat 18th May resulted in 3 potential bookings for the hall plus a profit of over £200 to boost the hall funds. Thanks to Jayne and Teresa for organising the event, and a big thank you to all the ladies for donating food, last but not least, Barbara and Betty for running the refreshments.



Forthcoming events dates so far:

Freestyle Disco Exercise—Every Monday, 6.30 to 7.30pm.

Stretch and Tone Yoga—Every Tuesday 5pm.

Produce Market on the first Saturday of every month (except August)

Summer Flower Show Sat 3rd August

Remembrance Service Sunday 10th November at 2pm followed by a Faith Tea.

Christmas Bingo Friday 13th December. Door open at **7pm eyes down 8pm.**

Christmas Fayre Saturday 23rd November 2.30pm.

There will be other events yet to be arranged in the Hall soon, visit our Facebook page or look out for the posters.

Please come and support your local Village Hall.

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No Man's Land Monthly Produce Market

In this parish we are very lucky to have a beautiful hall, and once a month on the first Saturday of the month we hold a local producers market, with some lovely crafts and stalls of fresh veg, bread, cakes, sold in aid of the Xmas light up. And a fresh meat stall which is very popular, and the crafters would welcome you talking to them about their products.

The market runs from 9-30am till 12-30pm, and coffee is available for a donation.

If you have not been to see us before we would love to see you and if anyone has a stall and would like to be part of our friendly group have a word with Barbara on 07719 772104.

We look forward to seeing you soon

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Down Hill all the way

History Snippet by Jenny Wallis

Well the oaks are definitely in leaf before the ash! So it's going to be a dry summer. Good news! But the 8 months of rain has left me wondering where it all went - and how the watercourses of the parish have shaped our landscape.

A river map shows that our parish had ample supplies of water, both from springs and rainfall catchment. Old manuscripts tell of harnessing water, digging ditches, building aqueducts and leats to power mills. All the landholdings were bounded by streams (before barbed wire!) so they were important legal statements. Many of these boundaries still exist today and I was delighted to find old **Celtic water-words** still lingering in our parish Tithe Map!

The Celts in Europe back in BC had many words for water. Like emojis today, people needed a universally-understood descriptive language so they could describe journeys before OS maps and sat-navs. Here I want to record this bit of our history that may otherwise wash away.

East Looe River rises on Bodmin moor and is the western parish boundary. Lough, loch, loo described a deep pool connected to the sea. The original one is probably out by the island and is now underwater! The word would have then been given to the whole river by map-makers, eventually including its tributary and thus we have the West and East Looe rivers with towns to match.

Seaton River rises on Bodmin Moor and forms the original eastern boundary of the parish. It was used to run between East and West

Continued on next page

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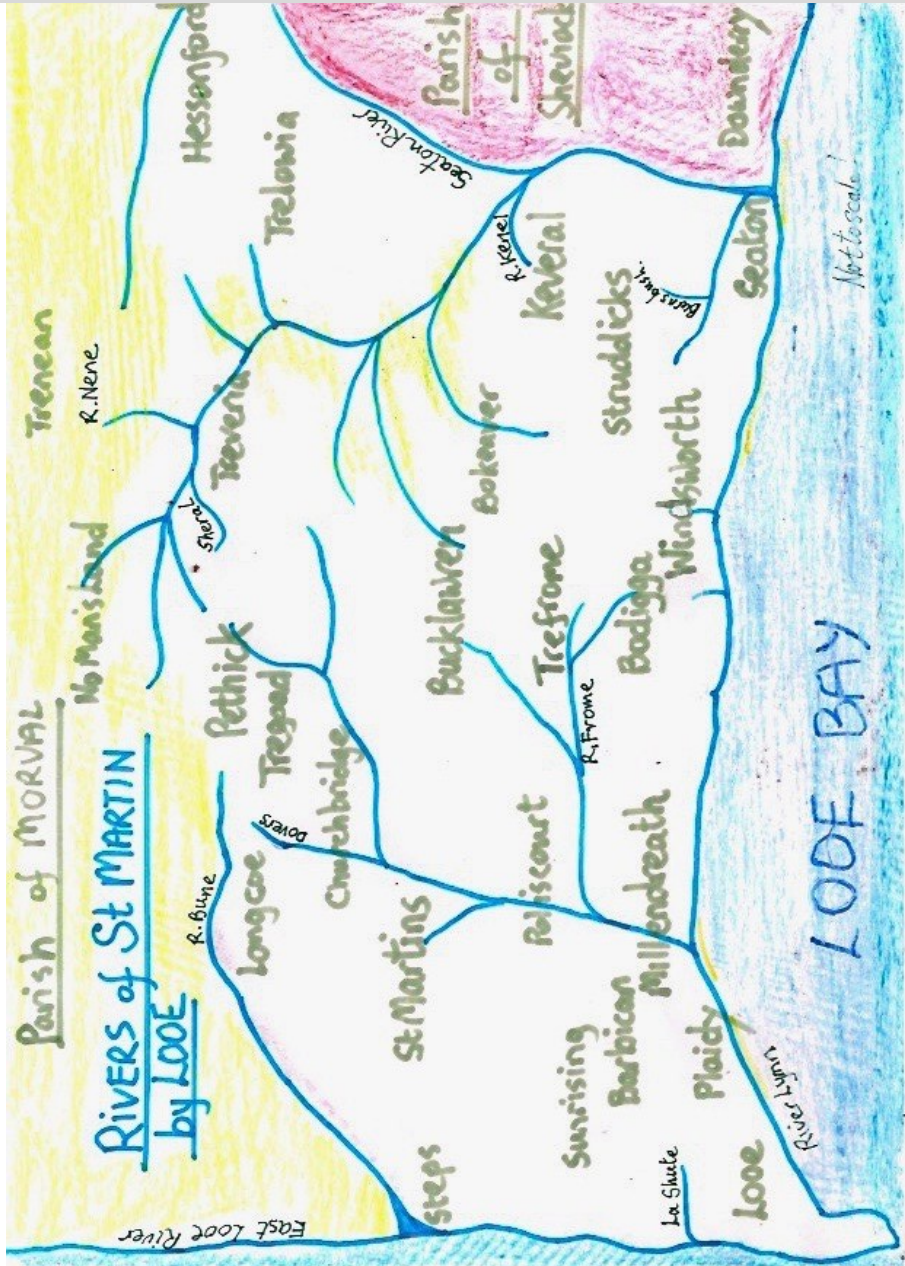
Angela
Cornwall



bestyoucanbe

Down Hill all the way

History Snippet by Jenny Wallis



Down Hill all the way

History Snippet by Jenny Wallis

Wivelshire back in the day. Old documents record **Seythyn**. Celtic **Sid** describes a fast-flowing river in a flat-bottomed valley with steep sides! **Hyn** is Cornish for 'boundary'.

Rive Lym used to run from Millendreath and flow into the River Looe. The tide has come in! But the **Limmicks** remain on the map! **Lym** was a river by elm trees. It was written **Lamana** in Latin documents. The 'wick' was involved with saltmaking.

River Bune is the north-western extent of the parish. It has been managed over the centuries to form fishing lakes. Still running past Bunny's Hill in Longcoe, it described a slow-moving watercourse through reed-beds.

Dovers is draining water into Millendreath peat bog. Celtic for a watery place.

Shutta is a cascade of water. It was 'Le Shute', which could mean it was man-made. The area above was Pitt Land where one 'pitt' still exists as St Martin's Well.

Burns Bush is a stream in Struddicks. Map makers often heard something and wrote down what they thought! This has nothing to do with Moses. It's Old English, **burna byse**, a stream in a thicket.

Continued on next page

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Down Hill all the way

History Snippet by Jenny Wallis

River Kenal, in Keveral, is a small stream. - so there must have been a bigger one nearby!

River Nean flows down to drain into the parish and the settlement by it is called Trenean. Like its Northampton namesake, people were describing a stream that rose rapidly in heavy rainstorms.

River Sheral contributes to our northern edge. Babbling brook, going downhill!

Such a musical name! Could catch on!

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The Intruder

By David Keeble

The 7th May was a beautiful Spring day with warm sunshine and a light breeze – such a change from the heavy rain and high winds we have experienced for weeks – but the best sign of Spring was yet to come.

Among the chorus of birdsong that was present came the unmistakable call of the Cuckoo – a sound I have only heard two or three times in the last 45 years since moving to Cornwall.



Photo courtesy Wilmshurst/Photo Researchers, Inc.

The Cuckoo was so common in the East of England years ago that you could almost guarantee seeing the actual bird on walks in the countryside. Most people are familiar with the birds breeding procedure of laying its eggs in another bird's nest at the cost of removing the hosts chicks, therefore allowing the young Cuckoo to eat all the food brought in by the hosts. Because their young are raised by another bird, the adult Cuckoos are free to leave the UK and return to their Winter home in Africa, normally in June. Although this seems harsh, as for every Cuckoo that is raised at least three to four host chicks will perish, research has shown that it does not have a high impact on the host species numbers. The nests chosen are mainly that of Meadow Pipits, Dunnocks and Reed Warblers. Unfortunately status reports do show that the Cuckoo is in heavy decline and listed on the British Trust for Ornithology Red List of endangered species.

One other bird that I have reported on in the past, also on the Red List, is the Turtle Dove. This bird also migrates to the UK, via Europe, from West Africa – the few birds that do arrive on our shores can now be found on farm land in the South East and Eastern England. Research has shown that the loss of feeding habitat in the UK has had a major part to play in the declining numbers.

Continued on next page

The Intruder

By David Keeble

Another factor up until recently was the unsustainable hunting of the birds on their migration through France, Spain and Portugal. Every Autumn around one million were legally hunted – the consequence of this was bird numbers travelling to the UK dropped by 97%. However, one piece of good news regarding their future is a group of enthusiasts formed Operation Turtle Dove with the aim of helping the bird numbers to increase. This is being achieved by providing suitable habitat for the birds to feed and breed – farmers are playing a big part by such simple means as leaving wild areas to establish feeding sites and hedges are being left to mature for the birds to nests. Possibly the best single thing that could affect numbers was an action plan which resulted in the European Commission halting the hunting of Turtle Doves from 2021 to 2023.

That was very good news but we must watch this space.

David Keeble

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Cornwall Hopes to Lead The Way



Ambitions to make Cornwall a leader in clean energy have received a major boost with a £4.5m investment in a range of projects from the Cornwall and Isles of Scilly Good Growth Programme, which is managed by Cornwall Council and funded by the Government's UK Shared Prosperity Fund.

The strategic investment recently announced will accelerate Cornwall's goal to maximise the opportunities for floating offshore wind (FLOW) generation in the Celtic Sea and establish the region as a key player in the UK's transition to clean energy in the pursuit of net zero. It will also complement other marine-related Good Growth Programme investments including £2m towards future green skills and a £973,000 study to assess potential opportunities at Falmouth Docks. Council Leader Linda Taylor said:

"We are committed to a sustainable future and to Cornwall's net zero journey which is why we are making targeted Good Growth investments in high value and high growth sectors. Floating Offshore Wind (FLOW) has the potential to be a once in a generation opportunity for Cornwall in terms of supply chain, renewable energy, job opportunities and economic growth.

"We are strategically located for FLOW in the Celtic Sea and welcome the opportunities that it can bring for our residents in terms of job opportunities, economic growth and our sustainable future."

Bakewell tart recipe

realfood.tesco.com

This fragrant almond tart is a classic British dessert and true family favourite. This traditional Bakewell tart recipe includes buttery homemade pastry with a thick layer of raspberry jam and a soft frangipane topping. Serve warm with cream or custard, or cool completely and enjoy with a cuppa.



Ingredients

For the pastry

200g plain flour

1 tbsp icing sugar, plus extra to decorate

125g butter

1 egg yolk

Serves 12— 485 calories/ serving

Vegetarian

For the filling

180g butter, softened

180g caster sugar

3 eggs

180g ground almonds

1 tsp almond extract

200g raspberry conserve

25g flaked almonds



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Bakewell tart recipe

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Method

Sieve the flour and icing sugar into a bowl. Rub in the butter. Add the egg yolk and 2 tsp water and mix to a firm dough. Roll out onto a lightly floured board and use to line a deep 23cm loose-based, fluted tart tin. Chill for 15 mins.

Heat the oven to gas 4, 180°C, fan 160°C. Bake the pastry case 'blind' for 15 mins. Remove the paper and baking beans and cook for a further 10 mins until the pastry is dry and a light golden colour. Remove from the oven and leave to cool.

For the filling, beat together the butter and sugar. Beat in the eggs, one at a time, then stir in the ground almonds and almond extract. Spread the jam over the base of the pastry case. Spread the almond filling evenly on top, then sprinkle over the flaked almonds.

Bake for 35–40 mins until the frangipane filling is firm and golden brown on top (see Tips, below). Allow to cool slightly and serve while just warm or cool completely in the tin. Carefully remove from the tin and dust with icing sugar just before serving, perhaps with cream or custard, if you like.

Tips: Frangipane is a classic dessert filling made with ground almonds which help to keep it moist when baked. The filling should be soft and have a damp crumb texture, more like a set custard than a fluffy sponge. If the filling still feels very liquid after 40 mins baking, cover the top with foil to stop it from browning and return to the oven for another 5-10 mins or until the filling is just set.

The filling will firm up as it cools and is best sliced and served while just warm (allow to cool for 10-15 mins once out of the oven) or once completely cold. This makes it a great dessert to prepare ahead; the baked tart will keep for 1-2 days in an airtight container.

Make sure you have a deep tart tin to fit the thick layer of filling. A loose-based or springform tin will help you remove the tart when baked.

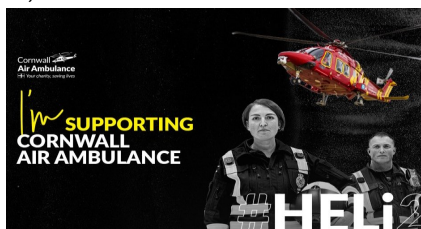
Millie Chilly Swimmers and the Cornwall Air Ambulance



The Millie Chilly swimmers are at it again! Throughout this year year we're raising money for the Cornwall Air Ambulance Trust #Heli2 appeal for a much needed second helicopter. This kicked off in February when a group of intrepid

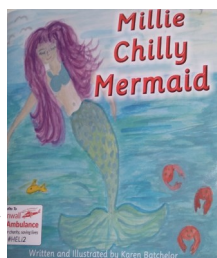
swimmers undertook the "Brave the Blue" challenge which meant a dip or swim in cold water everyday of the month. They achieved this in various ingenious ways when weather or the all-too-regular sewage alerts at Millendreath made a sea swim inadvisable. With the generous match funding from Lloyds Bank over £1,000 was raised.

As I was unable to do this after a bad arm injury in January, instead I managed to raise a further £205 in March by challenging myself to complete 3 sessions of therapy, plus a general exercise session; daily. So all together a cheque for £1,315 was



presented to the Air Ambulance when four of the group visited the Newquay base in May. These lucky four had a great time, and even got to sit in the helicopter without having had an accident!

But we haven't stopped there! Oh, no! Our inspirational fund-raiser-in- chief, Karen, has designed, written and illustrated a children's book, Millie Chilly Mermaid, and we're now selling this in various ways. Copies are available in the Millendreath Beach Shack, along with our postcards featuring shots from our various swims and pictures from the book. Other talented swimmers are producing various craft items,



and some were on sale, along with the book, at the Swim, Run, Paddle" challenge at Sibleyback where we ran a stall. Our next planned event is a "Pirates and Mermaids" stall on the beach at Millendreath during half term week, where we'll be selling cakes, books and other items, together with fun things to do for adults and children alike.

Millie Chilli Swimmers and the Cornwall Air Ambulance

And we won't be stopping there! We'll be planning more wild and wacky things throughout the rest of the year to keep raising as much as we can, and of course, to have fun, so keep having a look out to see what we'll be up to next. And of course, keep buying the books and the postcards – many thanks to the Beach Shack, who've been so supportive of us this year. We'll be having a celebratory meal and full moon dip there this Saturday, 25th May – it's the full Flower Moon as I write this, and we do like our full moon dips – just hoping the weather's kind and there isn't another sewage alert.

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Simply go to www.cornwall.gov.uk and **search potholes**, and fill in the form, the process is easy and results can be surprisingly fast, following our last meeting I reported 7 potholes and 5 were repaired within 3 days. Of course if you feel unsure of using the technology get in touch with me and I will do it for you, just ensure you can provide **exact location details**: Charles Hyde, The Parish Clerk by email clerk@stmartinbylooepc.org.uk or text 07763 364809.



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or write to

Rev. Ben Morgan Lundie,

The Rectory, St. Martin, LOOE PL13 1NX

closing date for applications –

Friday, September 27th 2024

St Martin's Church Hall, Summer Events

Following the success of the monthly community lunches during the winter months, the St Martin's and St Nicholas Churches, Looe Social Committee have decided to continue holding events during the summer months. The lunches have proved very popular and have been great social occasions as well as raising much needed money for the running of the two churches. The dates for the summer events are below.

<u>DATE:</u>	<u>TIME:</u>	Please contact Maggie Dolbear on maggilooe@yahoo.co.uk if you want to make any donations towards stalls in the Strawberry Fayre (or phone
Sat 1 st June	12 – 2pm	<u>£5 Community Meal.</u> Sausage & mash (veggie option), drink & dessert. <i>Raffle</i>
Sat 22 nd June	12-3pm	<u>Strawberry Fayre.</u> Lunches, snacks, cakes & strawberry delights! Children's crafts & Glitter tattoos. Plant stall. Raffle. Tombola. White elephant & more . . . <i>free entry and parking.</i>
Sat 27 th July	12 – 2pm	<u>£5 Community meal.</u> Quiche and various salads, drink and dessert. <i>Raffle.</i>
Sat 31 st August	12 – 2pm	<u>£5 Community meal.</u> Cold meats/cheeses , various salads, drink and dessert. <i>Raffle</i>
Sat 21 st September	12 – 2pm	<u>£5 Community meal.</u> Baked potato with cheese/beans, drink and dessert. <i>Raffle</i>

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My Hobby of Racing Pigeons

By Terry Luscombe.

My name is Terry. Luscombe I've been racing pigeons since the age of 16, I'm currently 64 years old & living @ Chubbs Mill, Millendreath with my lovely wife Anne & her dog Chrystal.

I moved to Millendreath in 2020 after living most of my life in Plymouth,



In Plymouth I race in the local club, Plymouth & District Racing Pigeon club which has a current membership of 25 members, I'm still racing with this organization, but mainly race with the national flying club & British International Continental Club. These organizations hold races mainly from the continent which I like to test my racing pigeons against everyone in the uk, the first race is from Guernsey 103 miles to Millendreath has a crow fly's then move on to another race point every fort-

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My Hobby of Racing Pigeons

By Terry Luscombe.

night with each race increasing with miles, & the final race of the old bird season being from a race point in France @ a distance of 538 miles.

I've had plenty of success in racing my pigeons whilst living in Millen-dreath, specially last year when one of my entries in the race @ 538 miles it won 1st Cornwall section & being the only bird to make it home in race time in Cornwall.

Whilst in Plymouth I also won 1st club, 1st section 1st open national flying club racing against 6000 +

Over the years I have won many other prizes (to many to mention).

If anybody wishes to no more on my

hobby or would like start racing pi-

geons, you are welcome to contact

me via email @ [terry-](mailto:terry-luscombe@outlook.com)

[luscombe@outlook.com](mailto:terry-luscombe@outlook.com)



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HAVE YOU THOUGHT ABOUT A LASTING POWER OF ATTORNEY? Despite what some people think this does not mean you hand over your affairs to somebody else. You keep total control of your affairs until such time as you either A. Wish somebody to deal with them for you or B. you lose Mental Capacity. As this is an Official Registration dealt with by the Office of the Public Guardian this can take up to 20 weeks so don't wait until you need it, get one in place NOW in case you do one day need one. Nobody can deal with your finances unless you have an LPA this includes, Banks, Utility Companies, Pensions including your State Pension plus many many more. We are able to submit applications for these for you.

FOR FURTHER INFORMATION OR TO MAKE AN
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The July 4th General Election

Are you registered to vote?

If you want to vote in the general election on July 4th you'll need to be on the electoral register. Follow the link below or search 'Cornwall vote'

www.cornwall.gov.uk/the-council-and-democracy/elections-and-referendums/



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