

St Martin-by-Looe



News



Guests for afternoon tea - Picture by Caroline Petherick

Winter 2022

Published and funded by
St Martin-by-Looe Parish Council.
Delivered FREE throughout the Parish.

stmartinpc1@btinternet.com



www.stmartinbylooe.org.uk

**St Martin By Looe
Parish Councillors**

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Advertisements

If you would like to include an advertisement in the next edition please contact The Clerk, Charles Hyde on 01579 340905 or by email stmartinpc1@btinternet.com. Costs: £20 for a full page, £10 for a ½ page, £5 for 1/3 page. Contract discounts are available. The magazine is printed quarterly and has a circulation of 350 printed copies delivered throughout the Parish and is also available online on our website and Facebook page.

Contributions

We always welcome contributions from people living in the Parish. If you would like to air your views on a particular subject or have a photograph or piece of artwork for the front cover please get in touch with The Clerk.

Statutory Disclaimer

All articles and advertisements are published in good faith, St Martin By Looe Parish Council cannot check all details in the articles and any views expressed may not necessarily reflect those of the Parish Council. Neither can we be held responsible for the actions of any advertisers now or in the future.



Parish Council Update



Welcome to the Winter 2022 edition

When I wrote the Autumn edition leader I could never have imagined how the world could have changed in such a short time. We lost our beloved Queen Elizabeth II, with whom we celebrated her Platinum Jubilee in the summer with such fondness, we were a nation brought together again and it felt so good. And then chaos descended! Our government became the laughing stock of the world with the shortest premiership in history, the economy crashed and we were plagued by strikes with the threat of more to come, and just to make matters worse EVERYTHING went up. It's at times like this local community need to come together, and we are seeing this happen, events to keep warm and enjoy a bite to eat in the company of others are being planned (see page 16), the Christmas 'Light Up' community event is back on on 26th November at 6pm followed by get together in the hall. I'm sure everyone will pull together to help each other during these difficult times.

A simpler Christmas may be planned but it can still be a time to celebrate and enjoy time together. The Parish Council would like to wish you all a Happy Christmas and a safe, healthy New Year.



Group Travel

Day Trips & Coach Holidays

Enterprise Park, Midway Road, Bodmin, Cornwall PL31 2FQ Tel: 01208 77989

Coach Excursions & Tours 2022

3rd December	Bath Christmas Market
10th December	Exeter Christmas Market
18th December	Cornish Christmas Lights

Our **2023 Excursions** include **The Lake District** from 24th to 29th April and a September holiday to **The Edinburgh Area** plus a host of your favourite excursions: Gardens, Houses, Steam Train, River Cruise, Carnival and Shoppers

Join our mailing list to receive the 2023 Excursions and Tours brochure.

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 at Group Travel
 Enterprise Park, Midway Road,
 Bodmin, Cornwall PL31 2FQ



Parish Council Update



Planning Applications

Proposed new house & new detached garage, Kilmartin, Millendreath.

Damaged Salt Bin Junction Bucklawren Road and B3253

Cormac have confirmed they will not be replacing this bin and it's the Parish Council's responsibility to do so, it's a pity the selfish driver never owned up to crashing into it and the stop sign, so once again it's you and me that have to pay the bill! If we claim on our insurance, we have £100 excess and will lose our no claims bonus (approx 10% increase next year). At the November meeting it was agreed to see if the existing salt bin can be moved back in place and repaired, and since the meeting our brilliant County Councillor Armand Toms has emptied, moved back and repaired the salt bin. Thank you Armand.

Parish Council Monthly Meetings

They take place at the Memorial Hall, No Man's Land at 7.30pm on the first Thursday of each month, but this may vary, so please check our noticeboards, social media or website for dates. Requests to speak during Public Participation need to be made to the Clerk 48 hours in advance by email: smartinpc1@btinternet.com or text 07763 364809.



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The late Queen Elizabeth II



The Book of Condolence

With the sad passing of our Queen Elizabeth II in September 2022 after 70 years on the throne, the Parish of St Martin by Looe acknowledged her passing by opening a book of condolence, which was placed in the Memorial Hall at No Man's Land from 10th September until the day after the funeral. The book will be placed in the Parish Council archive and eventually will be transferred to the Cornwall Archives. If you missed the opportunity to sign the book it is still available, contact the Parish Clerk by email stmartinpc1@btinternet.com or by text 07763 364809.

The Proclamation of Ascension

On the evening of 11th September, The Parish Council Chairman, Robert Henly read out the proclamation of ascension of our new King Charles III. The event took place in the Memorial Hall, No Man's Land and was very well attended. The Chairman also said a prayer of the the new King. Recordings of the event can be viewed on our Facebook page.

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No Man's Land Hall News

Monthly Produce Market

Saturday 3rd December

9.30am - 12.30pm.

Fresh local produce, crafts and so much more. Come and support our local producers



Christmas Fayre

Saturday 3rd December, 2.30pm.

A variety of stalls, come along and get local crafted Christmas gifts. Arrange and email to Father Christmas (fingers crossed).
Mince pies and cream, tea, coffee and soft drinks.



**GRAND
CHRISTMAS
DRAW.**



Events.

Disco Exercise - Every Monday Evening 6.30pm.

Stretch and Tone - Every Tuesday, 10am.

Yoga - Every Tuesday, 4pm.

Grand Jumble Sale - Saturday 25th February, 2.30pm



Molly Manila is an ordinary schoolgirl with a special gift. She can talk to animals and understand them when they talk to her. From finding out why the village cats are getting sick to unmasking a horse thief, Molly must uncover the answers without revealing her special gift. Written by local author JT Scott.

Find out more at www.mollymanila.com.

Help Cornwall Get Winter Ready - urgent call for more care staff.

Cornwall's care sector is urging residents from all walks of life to join the profession to help Cornwall get winter ready.

Their message is clear – whatever your circumstances, work experience and availability - there is likely to be a role for you to make a real difference to the lives of others.

With the health and care sector facing severe pressures and a shortage of care workers, people from all backgrounds and experience level are being asked to consider taking up care work now.

Cornwall Council cabinet member for adults and public health Andy Virr said: "As we all know, Cornwall is a very busy place to be during the summer months and there are a wide range of people who enjoy working to support Cornwall's tourism sector. Now the season is coming to an end people might want to consider some of the great opportunities that are available on the Proud to Care Cornwall website.

"It could also be that your children have just started school and you have some spare time on your hands, you might be looking for some extra work on evenings or weekends. Whatever the reason there is most likely a role for you, whether that be directly caring for people, kitchen work, cleaning, people management, there is a whole range of career options on offer."

Michaela Gill works as a Training, Recruitment and Development Manager at Cornwallis care Services. As part of this she helps people to find the right job for them in the care sector. She started working in care from a young age after seeing her family enjoy roles in care management as she grew up.

Michaela says: "For me it's about inspiring people to do their best to support others to live the best quality life possible. I can't express how rewarding working in care is, if you can put a smile on somebody's face, make them giggle or share their histories, then I think that is as good as any job you can get."

Proud to Care Cornwall is a group of care providers across Cornwall who come together to promote the jobs available in the care sector and provide support to other care providers.

To find out more about the options available, the roles on offer and what it is like to work in the care sector then please visit the Proud To Care in Cornwall website.

To find out more about Cornwallis care Services, please visit their website.

St Martin by Looe Parish Tithe Map 1840

Own a fascinating piece of historical research
by the local historian Jenny Wallis



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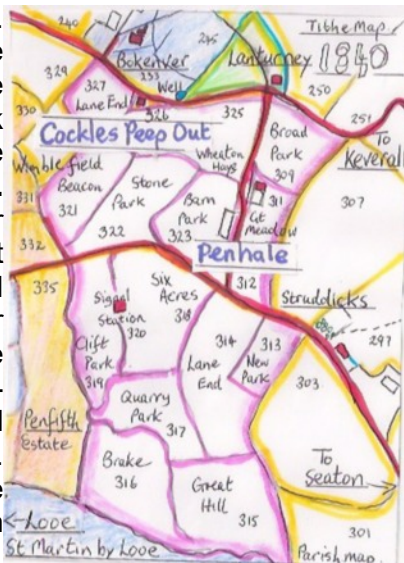
***(1st Saturday of each month) Holland Road,
No Man's Land.***

**or St Martin by Looe Parish Council Clerk,
by post for £4 (P&P included),
contact 07763 364809.**

History Snippet - Penhale Peeps Out

By Jenny Wallis

Penhale is noted as a “medieval manor”. Its Cornish origin means “a place at the head of an estuary.” By the 1840 Tithe Map we can see that the estate is a block of land, sold as a private subsistence farm, from the Buller estate at **Keverall**. The surrounding fields are not Homer Field, Under Town, Bove Town or West Park - field names around other old Manors. It looks as if the original Manor House has been lost to the sea and the settlement rebuilt by Barn Park (323) - maybe the manor barton site. The field names include a quarry and stone park. **Great Hill** (315) is down by the sea! The **Beacon**(321) was the highest point in the parish and explosive Midsummer



revels took place in **Wimble Field** beyond. The **Signal Station** (320) closed about 1800 but was built on top of the hill!

Penhale was an area of denser stone forming a high ridge above a deep valley that became an estuary as the tide rose, The unstable bedrock is still pulling the whole hillside towards the cliff.

On the Northern boundary by **Bokenver** and **Lanturney** there is a well

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Cornwall



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History Snippet - Penhale Peeps Out

By Jenny Wallis

at the head of a watercourse. This area had been quarried and then housed a homestead tucked in the lee of the hill referred to as **Penhale Cottage** —now known as **Cockles Peep Out!**

Back in 1820 the North Cornwall Bank crashed (!) leaving many Cornishmen utterly impoverished. One such was **Edward Wynne Pendarves** of Pendarves near Penzance. He was chair of the Cornish Reform group calling for an enquiry into the Peterloo Massacre, reforming parliament, abolishing slavery, supporting Jews and opposing public money to finance Buckingham Palace. His story makes Poldark pale into insignificance. Born Edward Stackhouse, he became Edward William Wynne Pendarves and MP for Cambourne. His wife Tryphena is now a ghost in Treslothan! (Google it!). In **1840 Edward** is recorded as the **co-owner of Penhale** with Mr Roberts - leased to farmer **Rosveare**. The redundant **Signal Station** is home to 3 paupers. By **1851 Penhale Cottage** is home to **Samuel Honey**. **Edward** died in **1853**.

Samuel Honey came from St Veep and his wife, **Jennyvor**, from St Keyne. He was a limeburner and thatcher with four children who acted as gamekeeper. There were limekilns at **Seaton** and **Millendreath**. He was still at the cottage in **1861** when he was 60 but the farm had been taken over by Farmer **Clogg** from **Morval**.



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History Snippet - Penhale Peeps Out

By Jenny Wallis

By 1871 Penhale was leased to William Hancock and the cottage was the home of farm labourers William and Mary Keast and 2 year old Bessie. Other small estates, Windsworth, Murraytown, were attracting the nouveau riche who aspired to a second home on the coast. And, by 1881 Census, Penhale Cottage is called Cockles Peep Out, home to Richard and Ellen Broad.

Parish lore tells of a man in a smock whose family gathered cockles to supplement their meagre income. But 'cockles peep out' seems to be one of those whimsical inventions of high Victorian literati - like 'sparrow fart' - to indicate an ebbing tide in an estuary (where cockles would be uncovered). (Cockles are also flowers, gemstones (Cornish tourmaline) and heating in oast houses!) It is logical to assume that the cottage needed a name to register with the Royal Mail. Who named the cottage?

There are two other addresses called Cockles Peep Out. - both dating from 1880.s. One is in Long Rock, Penzance and the other in Newton Ferrers.

The 1881 census records that Commander Edward Bolitho of Penzance and a navy pensioner called James Williams were rebuilding Windsworth down the road.. James' wife Mary came from Newton Ferrers.

Coincidence or what! This cottage should have a history all of its own!



Join the adventure with Sammy Rambles and his friends in the book series written by local author JT Scott. Ideal for children (and adults) who like castles, dragons and adventures! Please ask about author talks, school visits and playing the inclusive sport Dragonball. Find out more at www.sammyrambles.com.

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Remembering your faithful friend this Christmas

Christmas may be a time to remember family and friends - but Dogs Trust Ilfracombe is also asking local dog owners to remember their four-legged friends this festive time, with a *Canine Care Card*.

The Canine Care Card is a free service, which helps to ensure your dog's future, in the event of you either passing away, receiving a life-changing diagnosis or moving into a care home. This can often be a great concern to some people, who perhaps do not have a family member or friend in a position to look after their dog, should the worst happen. Therefore, by signing up to the service, Dogs Trust can offer peace of mind, reassuring you that your faithful friend will be well cared for by the charity.

It is easy to sign up to the service, which simply asks for some information on your dog, including their likes and dislikes, as well as your dog's medical history and your vet details. It also asks for you to confirm who you would like as your Dog Guardian. This should be someone you trust, like a friend, family member, solicitor, neighbour or vet, who can sign over ownership of your dog to Dogs Trust on your behalf, should you become seriously ill or pass away.

You can register online by going to www.dogstrust.org.uk and searching for 'Canine Care Card' - or if you do not have access to the internet, you can request a paper version of the application form. Once the form is submitted, Dogs Trust will then write to you, to confirm when your application has been processed.

Once signed up, should your card ever need to be activated, Dogs Trust will then arrange with your Dog Guardian for your dog to come into the rehoming centre or into foster care. With a team of vets, trainers and behaviourists on hand if needed, your dog will then be welcomed, loved and well cared for by the charity, who will work tirelessly to find a loving new home for your much-loved canine companion.

If you would like further information about the Canine Care Card, or to request a paper application form, please contact Dogs Trust Ilfracombe's Supporter Relations Officer, Stan Charles-Jones, at Stanley.charlesjones@dogstrust.org.uk or phone 01271 817716.





CHRISTMAS WORSHIP & EVENTS IN
ST. MARTIN'S AND ST. NICHOLAS, LOOE



Sat 26th Nov **CHRISTMAS MARKET & ALL AGE ACTIVITIES**

10.30-2.30, St. Martin's Hall

Sun 27th Nov **ADVENT TAIZE SERVICE**

6 p.m. St. Nicholas, W. Looe



Wed 7th Dec **PELYNT M.V. CHOIR CAROLS FOR RNLI**

7.30 p.m. St. Martin's Hall



Sun 11th Dec **CHRISTINGLE SERVICE**

4 p.m. St. Martin's

Tues 20th Dec **"ELEVATE CHRISTMAS" ON W. LOOE QUAY**

Alternative Christmas Carols with St Martin's
Liskeard Music Group, 7 p.m.

Thurs 22nd Dec **CAROLS WITH PELYNT M.V. CHOIR**

7 p.m. St. Martin's



CHRISTMAS **"MIDNIGHT" HOLY COMMUNION**

EVE

11.30 p.m. St. Nicholas, W. Looe



CHRISTMAS DAY

HOLY COMMUNION

11 a.m. St. Martin's

A Christmas Message

From Revd. Ben Morgan Lundie

How are your Christmas preparations going? Mine started in August, and it felt strange to planning things for December in the middle of a heat wave!

Each of us will have our own idea of Christmas – its rituals, emotions and meaning. This year the focus of Christmas in the parishes is the idea of 'Immanuel – God with us'. In our Christmas services – Christingle, Crib and Carol, we will be thinking about what that means for us individually and as a community.

As much as we all enjoy the festivities and events, at the heart of Christmas is the question 'What does it mean that God is with us?'. We want to offer everyone the opportunity to pause and think about that and its implications.

So look out for details of all the services coming up, and find the time to consider that question for your self.

Merry Christmas and a Happy New Year!

Revd. Ben Morgan Lundie



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St Martins Church Social Events in January and February 2023

As a response to the current cost of living increases especially heating costs, St Martins Church will be offering a warm space in St Martins Hall on two Saturdays in the New Year.

Saturday 21st January. Welcome Warm Space 12.00-1.30pm.
We will be offering free Soup, Roll and Hot Drink. Voluntary Donations

Saturday 25th February. Sausage and Mash Lunch with Dessert and Hot Drink. 12.00-2.00pm. £5.00



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Urgent Appeal For Volunteers

Community Speed Watch urgently needs volunteers in our area.

Community Speed Watch (CSW) volunteers are inducted through our Police Volunteer Programme (PVP). All prospective volunteers are required to complete the PVP application process which includes vetting and for certain roles, health assessment clearance.

All CSW volunteers will undergo full training from the Speed Watch co-ordinator and will be provided with reflective jackets, signs, stationary and a speed detection device (depending on location and availability). They will be supported by a police officer (PVP support manager) and covered by the force liability insurance.

It is not expected that PVP Volunteers will work a minimum or a set number of hours, we appreciate any time that can be given to the scheme. A few PVP volunteers are given additional training and responsibility in the police station, to administer the process that produces the warning letters. If you can help please contact the Parish Clerk by email stmartinpc1@btinternet.com or text 07763 364809.

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HAVE YOU THOUGHT ABOUT A LASTING POWER OF ATTORNEY? Despite what some people think this does not mean you hand over your affairs to somebody else. You keep total control of your affairs until such time as you either A. Wish somebody to deal with them for you or B. you lose Mental Capacity. As this is an Official Registration dealt with by the Office of the Public Guardian this can take up to 20 weeks so don't wait until you need it, get one in place NOW in case you do one day need one. Nobody can deal with your finances unless you have an LPA this includes, Banks, Utility Companies, Pensions including your State Pension plus many many more. We are able to submit applications for these for you.

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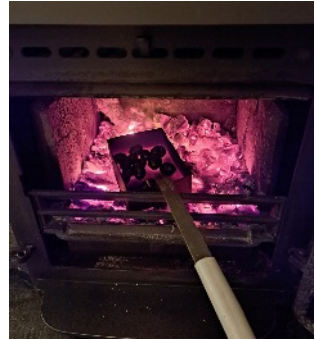
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Winters Challenge

By Dave Keeble

Heading rapidly towards the Winter, I hope that the weather becomes more of what we expect of the season. Autumn was unusually warm, good for the heating bills but non-seasonal weather can have an impact on the natural world. Fortunately it has had no influence on the wildlife, especially the birds that visit our garden, all feeders requiring topping up on a daily basis. One natural source of food that has been available are the sweet chestnuts that have been regularly taken and stashed by the Squirrels and Jays – we also have gained from the harvest, taking our share for roasting on the log fire (very seasonal).



Chestnuts roasting on an open fire

Nature is wonderful but it has its dark side – while picking up leaves from the lawn we heard a very unnatural alarm call which wasn't identified immediately, only when the source was seen did it become known.

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Winters Challenge

By Dave Keeble

It was a Green Woodpecker being pursued by a Sparrow Hawk, I know this is nature's way but I was somewhat relieved when it escaped.

A topic in the news of late is the spread of Avian Flu – this virus is definitely a threat to our wild bird population as well as commercial poultry businesses. This is the worst outbreak of bird flu ever in this Country – the virus is spread mainly by aquatic birds such as seabirds and waders. Birds that would be found with the virus by the majority of people would be Ducks, Geese and Swans – people walking along coastal paths and beaches would find Gulls and Auks. Dog walkers should keep their animals away from all dead or dying birds as the virus can be transmitted to other mammals via saliva, nasal secretions and faeces.

Dead Birds of Prey and Owls may also be found – all cases of this type as well as others listed should be reported to the DEFRA helpline 03459335577. Such is the severity of this outbreak means that millions of birds across the globe being affected. Birds migrating vast distances across the continents are unfortunately perpetuating the problem – the general public can do what they can to make sure all their domestic birds, Chickens, Ducks, Geese etc., are kept safe by keeping them in enclosures with overhead cover, netting or fine mesh if possible -try to make sure their feed and water is not accessible to wild birds.



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Winters Challenge

By Dave Keeble

Poultry farmers have to keep their birds under cover, obviously those that are free range are having to re-evaluate – the spin-off in the short term may be a shortage of Broiler Chickens, Christmas Turkeys and fresh eggs. Thousands of birds of this type have already been culled – there is talk of a vaccine but this could be a long way off.

None of this is good news but all we can hope is that our familiar wild birds can somehow withstand the challenge of coping, now and in the future.



The Parish Council is looking to plant a **Memorial Tree for the late Queen Elizabeth II**. We are asking the community to suggest a suitable site and tree type to plant.

If you are a land owner and would be prepared to offer a site, visible to all, please also get in touch.

Please contact the Parish Clerk by email stmartinpc1@btinternet.com or text 07763 364809.

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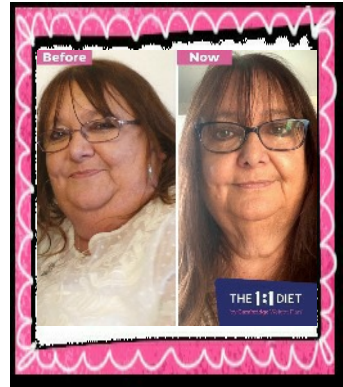
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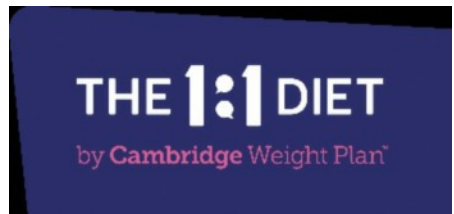
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Lets Get Real About Recycling

Cornwall Council is urging people to step up their recycling efforts to help tackle the climate crisis.

While many people are doing their best to recycle and help protect the environment, Biffa's latest household participation survey found that 44% of households are not engaging with the fortnightly recycling service – in other words, they are not putting out their recycling for collection.

Previous analysis found that 22% of rubbish put out for collection is made up of materials that could be put in your recycling bags and boxes, such as glass jam jars, plastic milk bottles, unwanted clothes and sheets.

And more than 35% of rubbish collected from Cornish homes is food waste. By shopping smarter, using up leftovers and composting, we can all reduce the amount of food we throw away.

During the October Recycle Week, Cornwall Council urged residents to Get Real About Recycling. That means recycling more of the right things, more often. Councillor Carol Mould, portfolio holder for Neighbourhoods at Cornwall Council, said: "We know that lots of people are doing a great job with their recycling while others are yet to make a start".

"Recycling is one of the simplest and easiest things we can do to help the environment."



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Blueberry Cinnamon Rolls

By Catherine Fulvio - www.bbc.co.uk

These delicious blueberry cinnamon rolls are baked snugly together in the tin to tear apart after being drizzled with icing and dotted with candied walnuts.



Ingredients

For the dough

420g/15oz strong white flour, plus extra for dusting
4 tbsp caster sugar
2 tsp dried fast-action yeast
100ml/3½fl oz milk
40g/1½oz butter, plus extra for greasing oil, for greasing

For the filling

150g/5½oz blueberries, halved
1 orange, zest only
1 tsp ground cinnamon
grating of nutmeg
4 tbsp brown sugar

To finish

1 free-range egg, beaten for glazing
70g/2½oz icing sugar
1–2 tbsp lemon juice or water
candied walnuts, to decorate



Treargel Retreat

Time out to retreat, reflect and reconnect in a beautiful, peaceful space



Treargel

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Refuge and sanctuary Quiet Day Tuesday 17th Jan 2023.

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Come to Treargel and;

Breath deeply, Rest quietly, Think Clearly

Blueberry Cinnamon Rolls

By Catherine Fulvio - www.bbc.co.uk

Method

1. For the dough, place the flour, sugar and yeast in the bowl of a freestanding electric mixer fitted with a dough hook.

2. Pour the milk and 100ml/3½fl oz water into a saucepan and add the butter. Heat until the butter is melted. Check the temperature: it should be lukewarm to activate the yeast. Pour the milk mixture over the dry ingredients with the dough hook slowly turning. 'Knead' in the machine for about 5 minutes, until a smooth dough has formed.

3. Brush a mixing bowl with some oil and place the dough into the bowl. Cover with cling film and leave to rise in a warm place: this will probably take about 2 hours. You can leave it in a cool oven (40C Fan) if your oven has a dough rising function and this should take about 1 hour.

4. When the dough has doubled in size, place on a lightly floured surface and 'knock back' by kneading by hand for a few minutes

to release the air. Butter a 23cm/9in round springform tin.

5. To shape, roll the dough out to a rectangle. Sprinkle the blueberries, orange zest, ground cinnamon, nutmeg and brown sugar over the dough. Starting at a long end, roll up the dough (like a Swiss roll). Slice into 10–12 swirls using a sharp knife. Transfer to the buttered tin with the swirls arranged cut-side up.

6. Brush with oil and place in a warm place to rise for about 30 minutes, or until doubled in size again

7. Preheat the oven to 200C/180C Fan/Gas 6.

8. Brush with egg wash and bake for 20–25 minutes, or until golden-brown and cooked through. Place on a wire rack to cool.

9. Mix together the icing sugar and lemon juice (or water) in a bowl to form a paste and drizzle over the top of the swirls. Scatter over the candied nuts and enjoy.

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Electricity 0800 111999
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